



MDT Certification Continuing Education Standards (CCES)

The **objective** of this policy is designed to:

- Promote the highest standards of utilization of the McKenzie Method® of Mechanical Diagnosis and Therapy™ MDT protocols in its fundamental, proven form; and
- Demonstrate assurance to the public that the practitioner is committed to the maintenance and enhancement of knowledge and skills in MDT over time.

The **purpose** of this requirement is to ensure that individuals maintain clinical competency in the McKenzie Method® of Mechanical Diagnosis and Therapy® (MDT) after attaining Diploma or Certified status. Each certified clinician can find their CCES expiration date under My Profile after logging on to the MII Canada website.

The **requirements of the** MDT Certification Continuing Education Standards (CCES) are established to continue full recognition in the Institute's Referral Directory active status for patient referrals. ***Registration in the MII Diploma program waives the compliancy requirements for one 3-year period.

MDT CERTIFICATION CONTINUING EDUCATION STANDARDS POLICY:

Years Certified	Current CCES Status	Continuing Education Policy	CCES REQUIREMENT TO REMAIN COMPLIANT
0 - 3 years	CCES Compliant	Policy 1	Complete 1 course from options provided within 3 years of certification
>3years <7 years	CCES Compliant	Policy 1	Complete 1 course from options provided within 3 years of previous course
7 years+	CCES Compliant	Policy 2	Complete 1 educational offering from options provided within 3 years of previous course, then from that point forward complete one of the options provided once every 3 years

CURRENTLY NOT COMPLIANT

Years Certified	Last Completed MDT Education	Continuing Education Policy	CCES REQUIREMENT TO BECOME COMPLIANT
3+ years <7 years	>4years <7 years	Policy 1	Complete 2 course offerings from list
7+ years	5 years or less	Policy 2	Complete 1 educational offering from list, if completed by February 28, 2026.
7+ years	>5 years <10 years	Policy 2	Complete 2 educational offerings from options provided
9+ years	10 years or more	Policy 3	Completion of 3 educational offerings from options provided or retake the Credentialing Exam.



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Policy 1: Certified for a period of less than 7 years:

To remain CCES compliant Credentialed clinicians must complete **two** of the following courses within six-years from their date of certification**. The first course must be completed within the first 3 years of certification. Online offerings are only count if offered by the MICanada Branch.

1. Attend a 2-day online or in-person MDT Advanced Human Extremities course
2. Attend a 2-day online or in-person MDT Masterclass or another Advanced Course
3. Take and complete a volume of the online Case Manager Course
4. Attend an in-person 2-day MDT Clinical Skills Symposium (CSU) or 3-day McKenzie Institute International MDT conference
5. Attend an in-person 3-day Americas Region Conference or Diplomat Retreat (Dip. MDT only)
6. Audit (retake) any course: Part A, B, C or D
7. *Attend three 2-hour in-person or online workshops (does not include MDT Overview workshop)
8. *Attend the one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course

***Options 7 & 8 only apply if the clinician has completed Advanced Extremities course (option 1) previously.**

Policy 2 - Certified 7 years or more/ Currently CCES Compliant: *Credentialed clinicians, certified for a period of 7 years or more, having completed at least 2 of the above noted criteria in Policy 1 within the six-year period from their date of certification, can maintain their CCES compliancy by completing **any one** of the following tasks once every three years. Online offerings only count if offered by the MICanada Branch.

Policy 2: Certified 7 years or more / Currently non-compliant: *A one-time exception is being made for clinicians that are currently non-compliant but have taken in a course in <5 years. These clinicians are only required to complete one of the options below by 28FEB, 2026. **Clinicians that have not completed any of the following options in >5 years but <10 years will be required to complete **2** of the options below. Clinicians that haven't completed any of the following options in >5 years but <10 years (*for >10 years please see Policy 3*) will be required to complete **2** of the options below. Online offerings only count if offered by the MICanada Branch. Two volumes of the Case Manager Course can be taken in lieu of another option as long as Option 1 was completed previously.

1. Attend a 2-day online or in-person MDT Advanced Human Extremities course (*required if never taken before*)
2. Audit (retake) any in-person or online Part A, B, C or D course
3. Attend any in-person or online Masterclass or another Advanced Course
4. Take and complete a volume of the online Case Manager Course
5. *Attend the one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course
6. *Attend three 2-hour in-person or online workshops (does not include MDT Overview workshop)
7. *Take, complete and pass with at least a minimum 80% pass mark, Parts C and D MDT Comprehension Self-tests (*one time option only with a maximum 2 attempts within a 3 consecutive month period*)
8. Attend any in-person MII, MICanada or Americas Region Conference/Symposium
9. Dip. MDT: Assist for a minimum of 2 days on an in-person Part A, B, C or D course. Must be compliant at the time of request. This option must first be approved with the MICanada Branch Office at mckenziecanadamdt@gmail.com
10. Present MDT research at a regional or international physiotherapy-based (or related) conference. To be eligible for compliancy credit, the Dip. Or Cert. clinician must be CCES compliant, and the presentation must be submitted at least 2 months in advance of the presentation to the Branch Office, for approval by the MI Regional Educational Committee representative or IDOE.
11. Participate in MDT Research or research reviews. The clinician must currently be CCES compliant and must supply proof of their contributions. Final approval will be at the discretion of Richard Rosedale, Head of Research for MII.

***Option 5, 6 and 7 only apply if the clinician has completed the Advanced Extremities course (option 1) previously.**

POLICY 3 – Certified for a period of 9 years or more:

****Requirements for clinicians that have not taken a course in 10 years or more, that wish to become CCES compliant and get back on the McKenzie Provider List: Retake and pass the Credentiaing Exam OR completion of 3 of the applicable outlined under Policy 2.**

****In addition, currently non-compliant clinicians registering for a course may be required to watch the “It starts with the Form – Part I and II” clinical mentoring webinars and complete the Part A online component.**

IMPORTANT: It is the responsibility of all certified MDT practitioners to review their scope of practice and other applicable provincial laws or regulations of their profession to determine to what extent they can utilize all or certain aspects of MDT in their jurisdiction.

ADDITIONAL INFORMATION RELATED TO EDUCATIONAL OPPORTUNITIES

➤ **MDT Advanced Human Extremities**



This advanced 2-day course draws upon the principles McKenzie has refined over decades to provide clinicians with this sensible approach for musculoskeletal conditions of the extremities. The same logical assessment process is used to determine mechanical causes of extremity pain or symptoms that can respond to an effective self-treatment regime. Eligibility Level D or higher.

➤ **MDT Masterclass:**

Using a combination of role playing and case studies, these advanced 2-day courses have been designed to allow Level D or higher attendees (eligibility varies depending on the course offered), the opportunity to refine their technique skills and enhance their clinical reasoning capabilities. These courses will include an open forum period that will encourage attendees to discuss real case issues and possible solutions. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Unlike other course, there may not be any patient demonstrations during this course.

➤ **The online Case Manager Course**

The McKenzie Case Manager courses were created to provide web-based instruction designed for the advanced McKenzie MDT clinician. These courses present complex clinical practice scenarios through a collection of cases that will add to your patient experience base and help you focus on the power of utilizing the information gathered on The McKenzie Institute Assessment forms to lead to patient classification and management strategies. Each Case Manager course (volume) currently consists of eight (8) individual cases. Through the analysis of all case studies, registrants will improve their clinical decision making as related to the application of Mechanical Diagnosis and Therapy to patients presenting with cervical, lumbar and extremity problems.

➤ **The one-day online MDT Elevated: Sharpening Clinical Judgement & Skills course**

This fully online one-day course is designed to update MDT Certified clinicians on current research, classification system changes and other recent changes made to MDT education. A series of educational components including a patient demo or two and case studies will be used to further develop the attending clinician's problem-solving capabilities and clinical decision making. This course will also include a review of MDT techniques regularly performed incorrectly. While the format of the course will remain the same annually, the content will change. This course provides a great opportunity for clinicians to stay updated and refine their skills annually.



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➤ **MDT Clinical Skills Symposium**

This advanced 2-day course is designed as a more intensive clinical reasoning and problem-solving experience utilizing a high volume of patient demonstrations and case study analysis involving all regions of the spine as well as the extremities. Each major subdivision of the course has very specific educational objectives that will reinforce the knowledge and skills which will further refine your own abilities in applying these principles. Multiple instructors provide a significantly greater opportunity for one-on-one tutelage.

Audit (retake) courses: In recent years the course manuals have all been revised to include the latest MDT related material.

➤ **McKenzie Institute International MDT Conferences or Americas Region Conferences:**

Attend the entire conference or retreat. Please refer to our website for details on upcoming conferences.

➤ **Present MDT research** at a regional or international physiotherapy-based (or related) conference.

Clinician must be CCES compliant and must provide the branch with 2 months advance notice of the event details in writing, along with a prepared lecture outline.

➤ **Participate in MDT research studies or reviews.**

Periodically, the institute asks members to participate in research studies, review articles and/or papers, relating to MDT research. If you would like to participate in these studies or reviews, please contact the branch office. Only clinicians that are CCES compliant are eligible to participate.